



NEWS RELEASE

Date: Thursday, August 31, 2006

District: 05 – Santa Barbara, San Luis Obispo, Monterey, San Benito and Santa Cruz Counties

Contact: Cindy Utter or Colin Jones

Phone: (805) 549-3648 or (805) 549-3189

FOR IMMEDIATE RELEASE

SUICIDE PREVENTION FORUMS PLANNED FOR CENTRAL COAST

SANTA BARBARA – The Glendon Association will host several suicide prevention forums for residents of the central coast in September. The public can learn about youth and elder suicide, warning signs and what to do, survivor support groups and available community resources.

Three of the four forums will feature guest speaker John Kevin Hines of the Psychiatric Foundation of Northern California. Hines, 24, is one of 26 known Golden Gate Bridge jump survivors.

The forums are scheduled at the following times and locations:

- 6:30 pm. Monday, September 18, at Alan Hancock College, 800 South College Drive, Santa Maria.
- 6:30 pm. Wednesday, September 20, at the San Luis Obispo County Board of Supervisors' new chambers. Please note John Kevin Hines is **not** available to speak at this forum.
- 7 pm. Sunday, September 24, at Soho Restaurant and Music Club, 1221 State St., Santa Barbara. This is a fundraiser event.
- 6:30 pm. Wednesday, September 27, at San Marcos High School, 2975 East Highway 246, Santa Ynez.

These are **free** community events and are **open to the public**.

For more information contact the Glendon Association at (805) 681-0415.

Caltrans and the Glendon Association are members of the Cold Spring Arch Bridge Suicide prevention Committee, a diverse community group focusing on suicide prevention.

